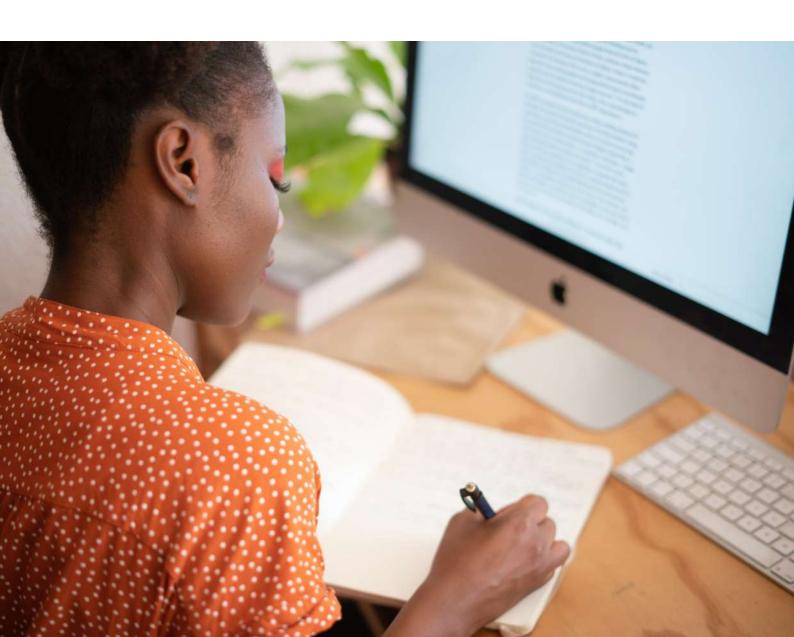


## STUDENT SUPPORT NEWSLETTER

The staff at Bucks College Group are here to support your learning, health and well-being whilst you are unable to attend College due to COVID 19.



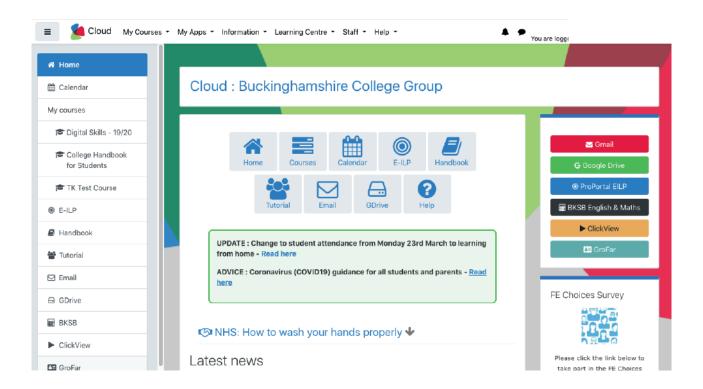


## Cloud: Online Learning

As a student you have access to Cloud, or Virtual Learning Platform. Every student has access to a course on Cloud which will be maintained by your tutor(s). You will be able to find resources and tasks to do, set by your tutor(s). When you have completed the work you need to submit it online and your tutor will mark it, and provide you with feedback. The College has many digital resources your tutor can use to enhance your learning, from videos to watch, to even online web meetings.

Once logged into Cloud you can access systems such as your Google Drive and Apps to allow you to work on "Office" documents such as Word, PowerPoint, Excel, even if you don't have this software at home.





To allow you to continue to talk to your classmates during this time, we will be adding an instant messaging system to Cloud. It is found at the top of each page, and allows you to sent messages to students and staff. We expect this system must be used respectfully and considerately by all, and we record all chat for your safety.

#### **How to access Cloud**

Cloud is available on any computer (PC, Mac, Chromebook), any tablet (iPad, Samsung) and any smartphone (iPhone, Android). It's best to use a modern web browser such as Google Chrome, Edge (Win 10), Safari or Firefox. Google Chrome can we installed on any computer (even old ones!), so if you don't have it, considering installing it from www.google.com/chrome. We don't recommend using Internet Explorer.



Outside your course, we hope to offer additional optional short courses and activities which we will share details of on the Cloud homepage.

#### How to log in

#### https://cloud.buckscollegegroup.ac.uk

Login with your student id as your username and your computer password at college as your password.

If you have any problems using Cloud, please contact us on learningtech@buckscollegegroup.ac.uk

# **SAFEGUARDING**AND WELFARE

The Student Services Teams based at each of our Campuses can provide advice, guidance and support on a range of issues you might be facing. This can include mental well-being, physical health and financial support.

If you have any questions or concerns please do contact them. They are available by email, phone or text during normal college hours. The best form of communication in currenct circumstances is email: studentservices@buckscollegegroup.ac.uk or safeguarding@buckscollegegroup.ac.uk

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## Mental Health & Wellbeing

During this time it is vital that you take care of your mental health and wellbeing. The British Association for Counselling and Psychology (BACP) has posted some useful information on ways to support your mental wellbeing during self isolation and how to cope if you are feeling anxious about the outbreak.





Advice from BACP is to try and keep in touch with friends and family in different ways using technology such as facetime, whats app video calling and Skype.

Try to reframe your thoughts into a more positive state and to try and keep a sense of normality.

Full articles from the BACP can be found using the links below:

www.bacp.co.uk/news/news-from-bacp/2020/13-march-coronavirus-self-isolation-how-to-look-after-your-mental-health-and-wellbeing-if-you-re-self-isolating/

www.bacp.co.uk/news/news-from-bacp/2020/28-february-coronavirus-anxiety-how-to-cope-if-you-re-feeling-anxious-about-the-outbreak/

Alternatively, you can access support via Young Minds who have posted practical help and advice to try and support young people's mental health during this time and can be found on the link below:

www.youngminds.org.uk/blog/what-to-do-if-you-re-anxious-about-coronavirus/



### FINANCIAL SUPPORT

If you are in receipt of financial support from the College, please be assured that this will continue whilst your absence relates to COVID-19. We will continue to pay all aspects of the bursary apart from travel whilst you are not attending.

For those eligible for Free College Meals you will receive a daily amount of £4 paid into your bank account for the days you are normally in college.



If you have any questions relating to financial payments, please contact a member of the Student Services Team on studentservices@buckscollegegroup.ac.uk

